WHAT IS CLAIMED IS:

- 1. An enzyme mixture comprising:
- a) a concentrated lipase of Rhizopus delemar,
- b) a neutral protease of Aspergillus melleus, and
- c) an amylase of Aspergillus oryzae.
- 2. An enzyme mixture according to claim 1, wherein the lipase has a specific activity of at least 1,800,000 FIP units/gram.
- 3. An enzyme mixture according to claim 1, wherein the protease has a specific activity of at least 7,500 FIP units/gram.
- 4. An enzyme mixture according to claim 1, wherein the protease has a pH optimum between pH 6 and pH 8.
- 5. A pharmaceutical preparation comprising an effective digestive activity improving amount of a an enzyme mixture according to claim 1, and at least one carrier or adjuvant.
- 6. A preparation according to claim 5, wherein the preparation is in a form selected from the group consisting of powder, pellets, microspheres, capsules, sachets, tablets, liquid suspensions and liquid solutions.
- 7. A preparation according to claim 5, wherein at least one enzyme selected from the group consisting of lipase, protease and amylase, is in individually pelletized form.
- 8. A preparation according to claim 5, wherein at least one enzyme selected from the group consisting of lipase, protease and amylase, is film-coated with an enteric layer.

- 9. A preparation according to claim 8, wherein the protease is in individually pelletized form and film-coated with an enteric layer.
- 10. A preparation according to claim 8, wherein the lipase is in individually pelletized form and film-coated with an enteric layer.
- 11. A preparation according to claim 8, wherein the protease and the lipase are in individually pelletized form and film-coated with an enteric layer.
- 12. A preparation according to claim 5, wherein the enzymes are present in a lipase:amylase:protease ratio of 50-500 FIP units lipase:40-120 FIP units amylase:1 FIP unit protease.
- 13. A preparation according to claim 5, which contains per dosage unit at least 10,000 FIP units lipase, 8,000 FIP units amylase, and 200 FIP units protease.
- 14. A method of inhibiting maldigestion in a mammal comprising administering to said mammal an effective digestion improving amount of an enzyme mixture according to claim 1.
 - 15. A method according to claim 14, wherein said mammal is a human.
- 16. A method according to claim 14, wherein the maldigestion is caused by pancreatic insufficiency.
- 17. A method of inhibiting maldigestion in a mammal comprising administering to said mammal an effective digestion improving amount of a concentrated lipase of Rhizopus delemar, which has a specific activity of at least 1,800,000 FIP units/gram.

18. A method according to claim 17, wherein said mammal is a human.